



Healthy Lifestyles @ Work

New Mexico Mutual

Design/Construction Goals

- 50 year building
- Environmentally responsible
- Fitness themed
- Millennial focused
- Secured



Millennial Expectations

- Whole Person Environment



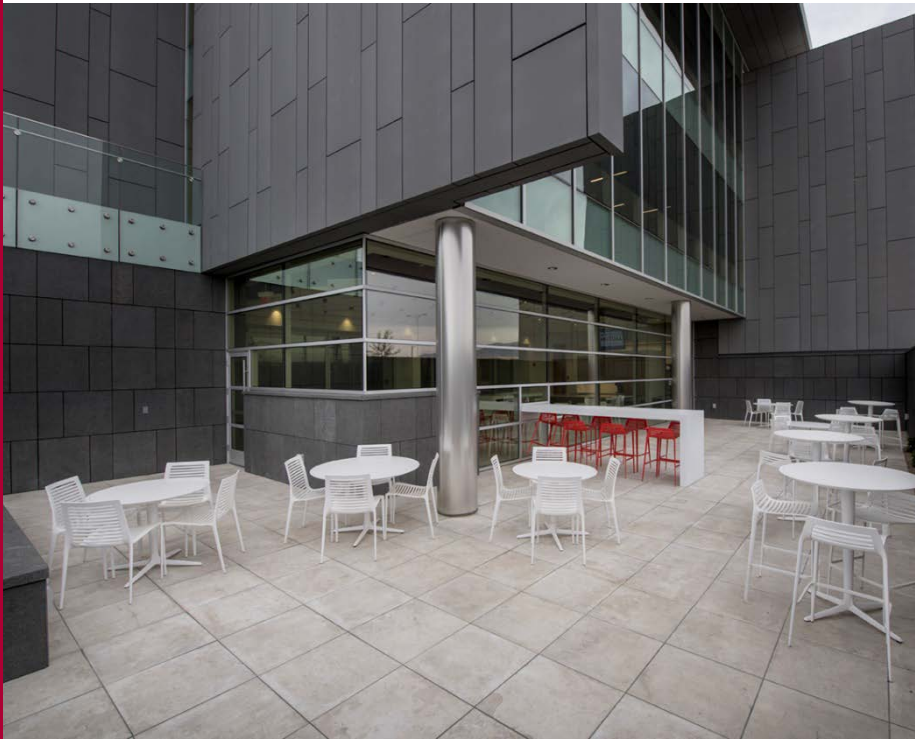
Workstations

- Short walls
- Perimeter placement
- Window-facing



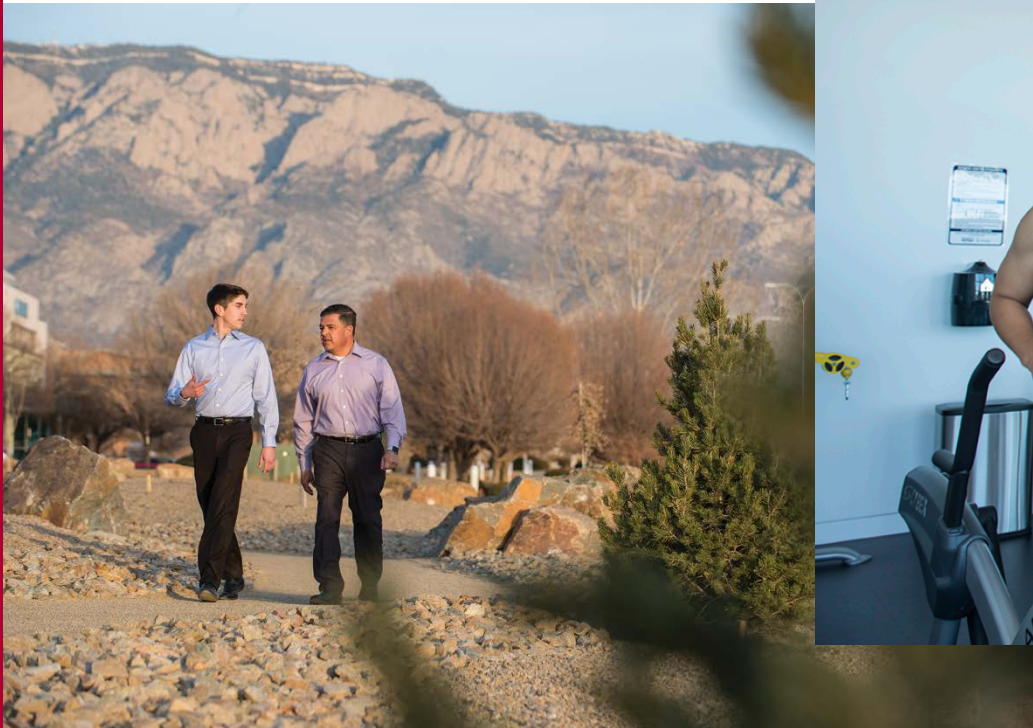
Collaboration Space

- At the workstation
- In community areas
- Outdoors on campus



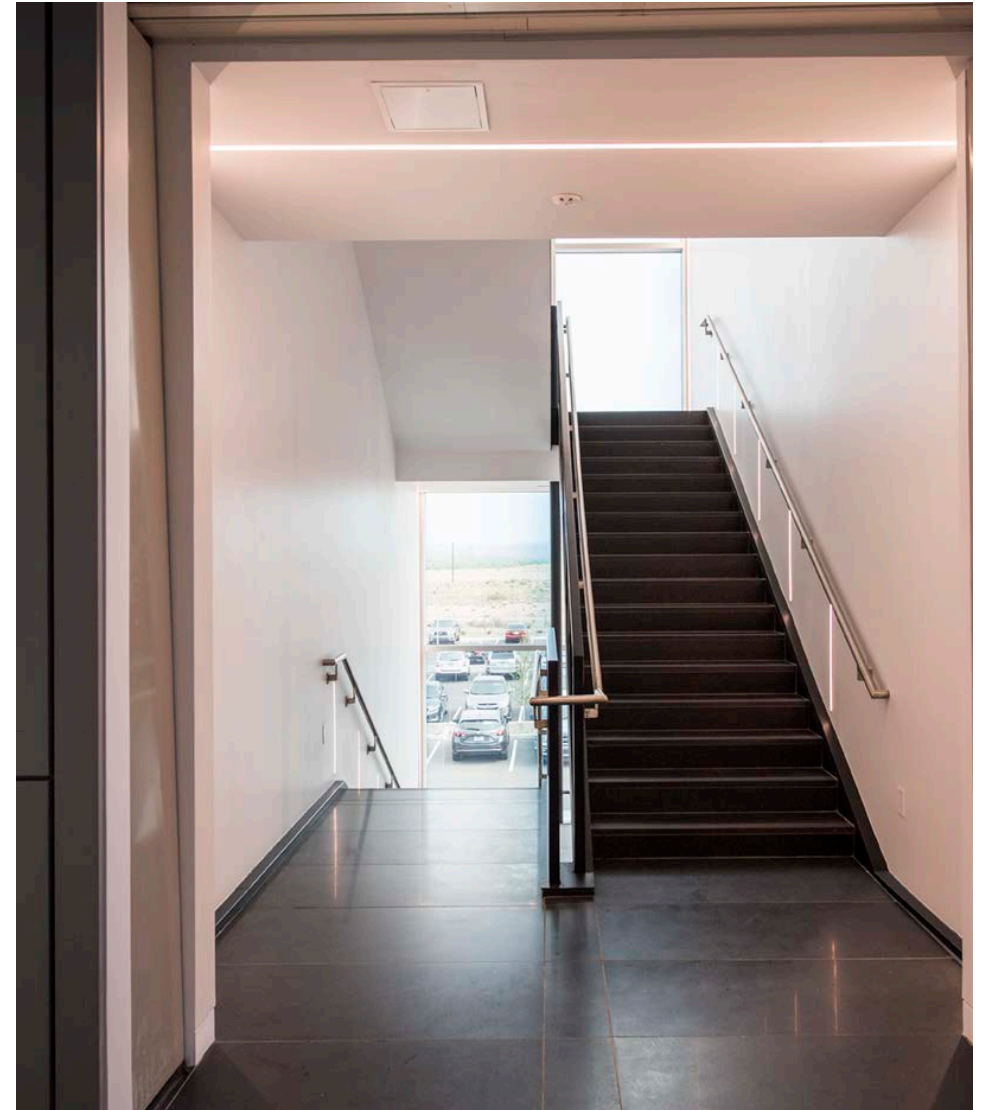
Healthy Lifestyle

- Fitness Center
- Showers
- Walking Trail



Healthy Lifestyle

- Sit/Stand Desks
- Inviting Stairwells
- Smoke Free Campus



Healthy Lifestyle

- Gym Memberships
- Fitness Competitions
- Exercise Classes



Human Resources

- Recruit/Retain “A players”
- Effective Communication
- Employee Satisfaction





Thank you